

Hamilton CYO Basketball
6th Grade Boys' League Rules

- Intermediate leather ball (28.5 inches diameter).
- Free throws shot from either the 12 foot line or the 15 foot line (team's choice).
- On free throws, the bottom players will line up *below* the block on 12-foot free throws or *above* the block on 15-foot free throws (see NOTE below).
- *Defense/Pressing*: Any defense is allowed, and all pressing is allowed for the whole game. However, no pressing is permitted for teams leading by 15 or more points.
 - With a 25-point lead, defense must release to inside the three-point arc.
- **3 seconds**: the entire lane (15-foot line down to baseline)
- **Time-Outs**: 4 total, 4 one-minute timeouts. (Unused time-outs may be carried over into overtime period.) One additional one minute time-out is granted for each overtime period. Time-outs may be called from the bench.
- **Clock**: 6 minutes stop-and-go all four quarters.
- **Three-Point Shot**: In effect
- **Overtimes**: Overtime periods will be three minutes in length. No game will end in a tie.
- **One-and-one Bonus** (on the 7th team foul): In effect.
- **Double Bonus** (on the 10th team foul): In effect.
- **Technical Fouls**: A coach will have to sit for the remainder of the game on the first direct technical foul. A second direct technical in a game is immediate ejection, with a likely one game suspension (subject to review by the CYO board). A player will be ejected on the first technical foul, unless it is something truly technical like reaching over the end line or calling an extra timeout. All player ejections will also result in a likely one game suspension (subject to review by the CYO board). A technical foul on the bench will be indirectly assessed to the head coach; a third indirect technical results in immediate ejection, without the one-game suspension.
- **Jewelry**: none allowed - no exceptions. (Includes rings, watches, barrettes, earrings, necklaces, etc.) Remind parents with regard to ear-piercing at Christmas time.

NOTE: due to the disparity in talent in the 6th Grade Boys league, teams will have the option of which free throw line to shoot from. This is to allow for the players who are not strong enough to shoot a 15-foot free throw to still have some success at the 12-foot line, while players who want to shoot free throws from the 15-foot line still may. (However, if the 15-foot line is chosen by a stronger free-throw shooter, with the players lining up above the block, it is expected that lane violations will still be called relative to the 15-foot line.) Coaches and referees are expected to work together on this to allow for what is best for each individual team and/or player.